

Coach Update in Scotland **It's Easy to do...**

As of April 2001 all coaches in Scotland need to have updated themselves within a three year period. Having updated themselves they will be registered as an updated coach on the coach database, this will last for another three years before needing to have updated again. If coaches do not update they will be registered as a non-active coach on the database, they may well be still coaching, however, they may not be current with respect best practice and best performance.

Therefore by **April 2004** all Scottish Coaches need to have updated themselves, and if you have not done it already it is easy to do...

There are three areas covered in order to update qualifications:

1. Safety
2. Current HSE/Legislative guidelines
3. Coaching/Assessing

You can update yourselves by any one of the three following ways:

1. By attending a coaching workshop/forum which must be a minimum of 6-8 hours. This could be the coaching conference 11-12 Oct 2003, Glenmore Lodge, or a regional workshop (contact your RCO if you want one to update)

OR

2. By attending a BCU Coaching Course or 5 Star Training and Assessment.

OR

3. By completing a self assessment form/logbook, which can be obtained from the SCA office. Once completed return to the BCU Office with copies of relevant documentation as required.

So you may well be already updated, if not get out there and get updated this summer. April 2004 is the deadline, so don't leave it till the last minute, it is easy to do...

Further info. contact Coaching Committee Secretary: [Doug Cooper](#)